What to do if you have COVID 19 symptoms...

Book a visit to a test site to have the test today by calling 119. Order a home test kit if you cannot get to a test site

You must self isolate until you have received your results

Everyone you live with must stay at home too until you get your results
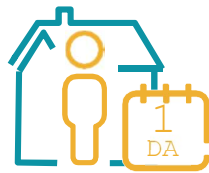
You will receive your results via email, text or phone call
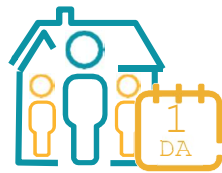
After a test, what to do next...

If the test comes back negative you can all stop isolating

If the test comes back positive self isolate for at least 10 days.
Self isolating means you must not leave the house, and it's a legal requirement if you test positive

Everyone you live with must stay at home for 10 days from the first day you felt poorly, even if they feel well

Keep in mind that you should try and isolate away from those that you live with

You will be contacted by text, email or phone and will be asked to provide information about anyone you have been close to recently

Inform your university/ employer/school that you have tested positive

Clean objects and surfaces you touch often, wash your hands and let fresh air into your house as much as possible

If anyone in your household shows signs or symptoms they should start to isolate and they should get a test

Do you need help with shopping or collecting medicine or would like to a receive a phone call to check how you are? We're here to help, call 0113 376 0330
(Monday to Friday, 9am to 5pm

Will you find it difficult to isolate due to not being able to work?
You may be eligible for a £500 payment to support you during your isolation period. More information is available at www.leeds.gov.uk/coronavirus/people-and-communities.

Call NHS 111 if existing symptoms get worse or 999 in an emergency

Leeds CITY COUNCIL

NHS

#Together Leeds