



We support people and communities to thrive.
The National Lottery Community Fund

Health Access Project for Refugees and Asylum Seekers

Online classes on Zoom - all welcome!

ESOL/ English classes

Mondays at 1.30pm Level 1 (ID: 3855000295 PW:12345)

Mondays at 2.30pm Level 2 (ID:97144534984 No Password)

Tuesdays at 1:30pm Level 2 (ID: 91762874283)

Password: harpesol/2

Tuesdays at 3pm Level 1 (ID: 94252844830) Password: harpesol/1

Wednesdays at 12pm Conversation class, (ID:93309495413, no password)

Other Classes

Pilates style exercise class: Tuesdays 10.45 – 11.30 (ID: 953-2466-2808) Password: 4567.

Art therapy class: Thursdays 1-2pm (ID: 980 249 3802) no password

NCT Support group for pregnant women:

Tuesdays 12.45- 2.15pm (ID-448498158) no password

We can top up your phone so you can join one of these classes, interested? Text us via 07876600642 with your name, location and language if you cannot speak English