Zumba

Provided / Operated by:
Millside Centre

All ages, abilities, and backgrounds are welcome at this ladies-only session. The Zumba class provides a chance to become healthier and happier outside of the traditional exercise setting. It is a fitness programme that includes cardio and Latin-inspired dance, and is a great place to meet new people, to socialise, as well as to exercise.

Course Address:
Millside Centre
131 Grattan Road
Bradford
BD1 2HS

Days & Dates:
Saturday: 10:00 - 11:00

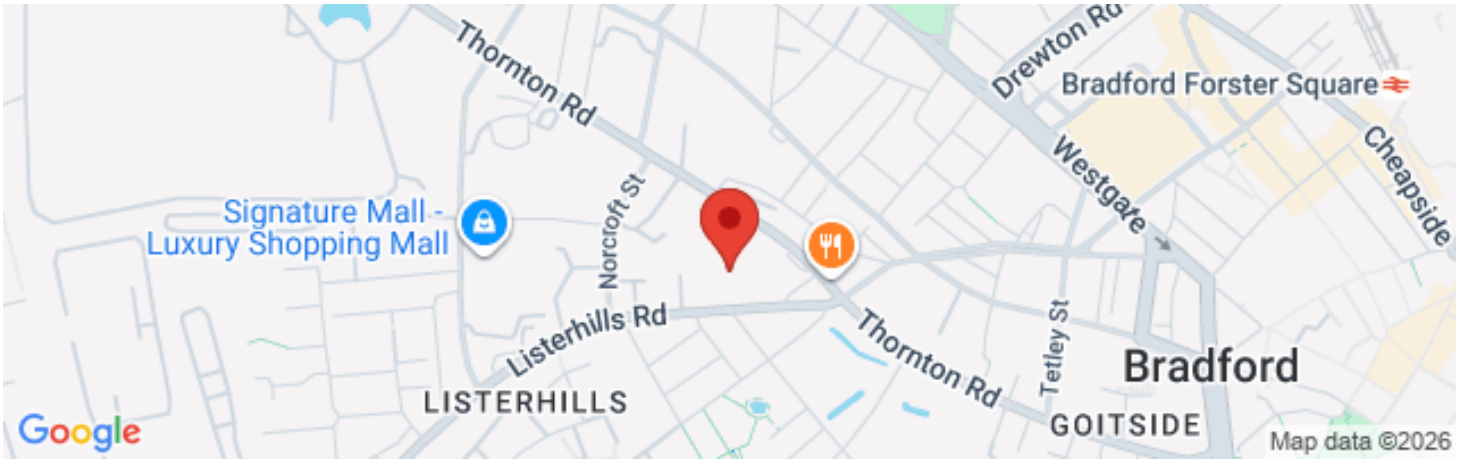
Costs:
Free

Contact Details:
Name: Furaha Mussanzi
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Accessible:
Yes

Childcare:
No

Children allowed:
No



The information provided is accurate at the time of printing (05/11/26). Please check with the provider directly for the latest information.