

Stretch and Fitness (Women 16+)

Provided / Operated by:

FURD : Football Unites, Racism Divides – Wider Opps

Open to all women (16+). A great way to get fit, meet people and practise your English!

Course Address:

U-Mix
U-Mix
17 Asline Road
Sheffield
S2 4UJ

Days & Dates:

Monday: 1.30pm – 2.30pm

Costs:

Free

Contact Details:

Phone: 01142587787

Email: belonginghub@furd

Accessible:

Yes

Childcare:

No

Children allowed:

No

