

Knitting group

Provided / Operated by:

Millside Centre

Do you want to learn how to knit and crochet but don't know how? Are you a woman living in Bradford, feeling isolated and in need of a safe space to meet people and learn a new skill? Come along to our knitting group for women of all backgrounds. Beginners are most welcome. There are so many benefits to knitting for overall health and wellbeing, including lowered blood pressure, reduced depression and anxiety, and reduced loneliness and isolation. Come and try it for yourself!...

Course Address:

Millside Centre
131 Grattan Road
Bradford
BD1 2HS

Days & Dates:

Thursday: 10:00 – 12:00

Costs:

Free

Contact Details:

Name: Furaha Mussanzi

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Accessible:

Yes

Childcare:

No

Children allowed:

No

