

# Brunsmear Awareness Football Club

Provided / Operated by:

**Brunsmear Awareness Football Club**

Brunsmear Awareness Football Club is a mental health friendly club. It provides an opportunity to exercise and have fun in a relaxed environment. They welcome people from all backgrounds whatever your level of fitness, ability or football knowledge.

They run two free sessions every week, one for everyone and one for women only:

Brunsmear Awareness FC (Tuesday, open to all) - every Tuesday afternoon from 1.30 - 3pm at Goodwin...

## **Course Address:**

Goodwin Sports Centre  
Goodwin Sports Centre  
Northumberland Road  
Sheffield  
S10 2TY

## **Days & Dates:**

Tuesday: 1.30pm - 3pm

Wednesday: 7 - 8pm

## **Costs:**

Free

## **Contact Details:**

**Phone:** 07971 828954

**Email:** brunsmeear@sheffieldflourish.co.uk

## **Accessible:**

Yes

## **Childcare:**

No

## **Children allowed:**

No

