

# **Talk and Thrive**

## Provided / Operated by:

#### **Doncaster Skills Hub**

Talk and Thrive This course helps learners improve spoken English and listening skills through the theme of wellbeing and everyday communication. Learners will build confidence, reduce isolation, and feel more connected to their community while practising functional English for daily life. Topics include wellbeing, healthy lifestyles, stress, and community connections.

### Course Address:

Mexborough Business Centre College Road Doncaster South Yorkshire S64 9JP

#### Contact Details:

Phone: 01302 862688

Email: afcl@doncaster.gov.uk

#### **Accessible:**

Yes

**MESH** 

## i Days & Dates:

Thursday: 1pm - 3pm 27th November 2025 to 18th December 2025

#### **Costs:**

Free



Migration Yorkshire Refugee Integration