

# My Health

Provided / Operated by:

**Sheffield English Language Support (SAVTE)**

**Course Address:**

Darnall Wellbeing (DWB) English Class- My Health  
290 Main Rd, Darnall  
Sheffield  
South Yorkshire  
S9 4QH

**Contact Details:**

**Name:** SAVTE

**Phone:** 01142123050

**Email:** savte@savte.org.uk

**Accessible:**

Yes

**Days & Dates:**

Wednesday: 12:30-2:30  
6th May 2026 to 1st July 2026

**Enrolment:**

Starts 29th April 2026

Closes 29th April 2026

**Course Duration:**

8 sessions

