

# My and my health and wellbeing – new beginner class in Leeds 9

This course is for pre-entry and E1 learners. Enrolment has closed BUT if you are keen to learn and will commit to attend the remainder of the course, please contact Hannah for more information. Call 0113 261 2484 or email [Hannah.prideaux@ymcaleeds.org.uk](mailto:Hannah.prideaux@ymcaleeds.org.uk)

## **Course Address:**

YMCA at Unity Business Centre  
26 Roundhay Road,  
Leeds  
West Yorkshire  
LS7 1AB

## **Days & Dates:**

Tuesday: 12.30–15.00  
4th January 2022 to 29th March 2022

## **Accessible:**

Yes

