

(ESOL) Look after your Social Wellbeing

Provided / Operated by:

North Yorkshire Council – Adult Learning & Skills Service

 **Course Address:**

This is an Online Course

 **Contact Details:**

Phone: 01609 536066

Email: adultlearningservice@northyorks.gov.uk

 **Days & Dates:**

Thursday: 6:00pm – 8:00pm

4th June 2026 to 2nd July 2026

 **Costs:**

Free

 **Accessible:**

Yes