

## (ESOL) Create a Work/Life Balance

Provided / Operated by:

North Yorkshire Council - Adult Learning & Skills Service

Course Address:

This is an Online Course

Contact Details:

Phone: 01609 536066

Email: adultlearningservice@northyorks.gov.uk

m Days & Dates:

Thursday: 6:00pm - 8:00pm 16th April 2026 to 14th May 2026

**£** Costs:

Free







