

# My Health

Provided / Operated by:

**Sheffield English Language Support (SAVTE)**

This course is designed to help participants:

Talk about health and wellbeing in everyday situations. Contact and communicate with health services more confidently. Speak with confidence during appointments and conversations with professionals. It's a great opportunity to improve your English while learning useful language for real-life health and wellbeing topics....

## **Course Address:**

Darnall Wellbeing (DWB) English Class- My Health  
290 Main Rd, Darnall  
Sheffield  
South Yorkshire  
S9 4QH

## **Days & Dates:**

6th May 2026 to 1st July 2026

## **Enrolment:**

Starts 29th April 2026  
Closes 29th April 2026

## **Contact Details:**

**Name:** SAVTE

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**Email:** savte@savte.org.uk

## **Costs:**

Paid

## **Course Duration:**

8 sessions

## **Accessible:**

Yes

## **Childcare:**

No

## **Children allowed:**

No

