# ESOL and Sport Calderdale

Provided / Operated by:
**Calderdale College**

This 12-week course will give a broad understanding of sports and fitness testing, as well as personal life skills.
You will learn how to develop and accomplish goals, practice interview techniques, and assess your strength and abilities. Through practice and performance review, you will advance your skills in various team or individual sports....

### Course Address:
Calderdale College Campus
PWC Building
Francis Street
Halifax
West Yorkshire
HX1 3UZ

### Costs:
Free

### Course Duration:
12 weeks - various start dates throughout year...

### Contact Details:
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### Accessible:
Yes

### Childcare:
No

### Children allowed:
No






The information provided is accurate at the time of printing (27/11/26). Please check with the provider directly for the latest information.